



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

Report on

Student Exchange Program

Between

Mahishadal Girl's College

&

Mugberia Gangadhar Mahavidyalaya

**Venue- Dept. of Nutrition, Mugberia Gangadhar
Mahavidyalaya**

Date- 22.06.2023

Organized by

Dept. of Nutrition

Mugberia Gangadhar Mahavidyalaya

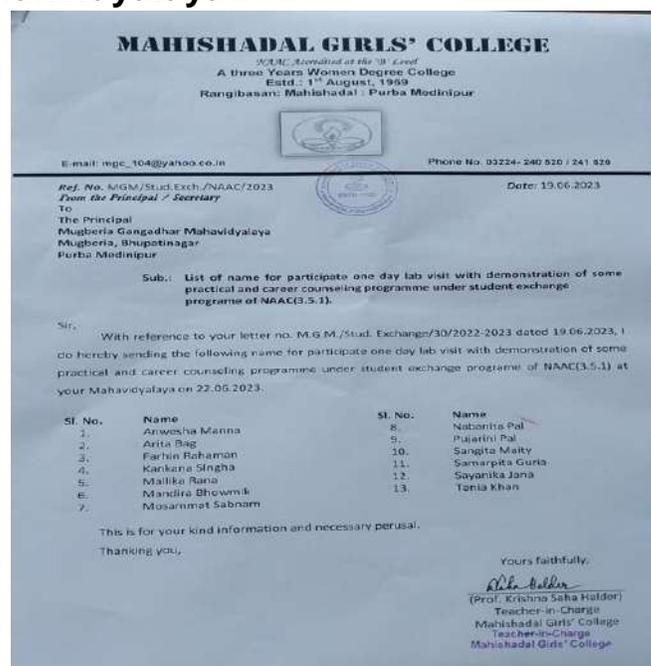
Report prepared by Ayan Mondal, Assistant Professor, Dept. of Nutrition,
Mugberia Gangadhar Mahavidyalaya

Student Exchange Program are an excellent opportunity for the students to get an education in a new environment, get acquainted with the environment and culture of the new college, and build social and intellectual skills. In addition, it can give students good expanding of their horizons of understanding and learning. In simple terms, a student exchange program offers the opportunity to learn something in new environment. Students can use the assistance of their home institution to study in foreign institutions or colleges for a limited period. Here, exchange refers to the opportunity for students to attend another college or university, while the host college students can do the same.

Student Exchange Program

Guest- Mahishadal Girl's College (No. of students participants – 13)
Host- Mugberia Gangadhar Mahavidyalaya

1. Invitation to Mahishadal Girl's College to attend Student's Exchange programme in Mugberia Gangadhar Mahavidyalaya



2. Program on the day

A. Department visit

B. Welcome Address by Principal

C. Laboratory visit and demonstration

1. Fat and SNF testing of Milk
2. Hemoglobin testing, Blood group determination
3. Ascorbic acid testing
4. Demonstration of Spectrophotometer
5. Estimation of microbial count of any food sample (SPC, coliform, yeast and mold) through plating method).
6. Sensory evaluation hedonic scale, Discussion of several Subjective and objective test
7. Demonstration of Muffle furnace (Ash test), carbonated drinks, diet chart
8. Demonstration of Hot air oven (Moisture test)
9. Demonstration of refractometer (Jam preparation)
11. 2nd year PG students-Demonstration of selected 5 dissertation topic.

D. Career counseling program

Practical class taken by-

1. Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)
2. Mrs. Moumita Samanta (State Aided College Teacher, Dept. of Nutrition, MGM)
3. Ms. Pranati Bera (State Aided College Teacher, Dept. of Nutrition, MGM)
4. Mrs. Keya Dash (State Aided College Teacher, Dept. of Nutrition, MGM)
5. Mrs. Rikta Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
6. Mr. Tanmoy Kumar Giri (State Aided College Teacher, Dept. of Nutrition, MGM)
7. Mr. Prabir Jana (State Aided College Teacher, Dept. of Nutrition, MGM)
8. Miss Monalisa Roy (Assistant Professor, Dept. of Nutrition, MGM)
9. Mrs. Sucheta Sahoo (State Aided College Teacher, Dept. of Nutrition, MGM)
10. Miss. Sruti Mandal (Assistant Professor, Dept. of Nutrition, MGM)
11. Mr. Ayan Mondal (Assistant Professor, Dept. of Nutrition, MGM)
12. Mr. Khokon Chandra Gayen (Assistant Professor, Dept. of Nutrition, MGM)
13. Mr. Prabal Kanti Das (Lab Attendent, Dept. of Nutrition, MGM)

Career counseling program taken by-

Dr. Apurba Giri (Assistant Professor & HOD, Dept. of Nutrition, MGM)

Some photos of student exchange program



Welcome speech by Dr. Swapan Kumar Misra,
Principal of Muberia Gangadhar Mahavidyalaya



Practical experienced of milk testing performed by
visited students, guided by Dr. Apurba Giri, Assistant
Professor and head, Dept. of Nutrition



Demonstration of penetrometer by Khokan
Chandra Gayen, Assistant Professor, Dept. of
Nutrition



Estimation of microbial count of food sample by
Sucheta Sahoo and Sruti Mandal, Assistant
Professor, Dept. of Nutrition



Demonstration of spectrophotometer by Khokan
Chandra Gayen, Assistant Professor, Dept. of
Nutrition



Doing meditation by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Demonstration of minerals content by Khokan Chandra Gayen, Assistant Professor, Dept. of



Hemoglobin testing, Blood group determination by Anuja Guria, Nutrition hon. 6th sem student, Dept. of Nutrition



Demonstration of Fat and SNF testing of milk by Dr. Apurba Giri, Assistant Professor and Head, Dept. of Nutrition



Determination of cream separation process by Subrata Ghosh, M.Voc 2nd sem student, Dept. of Nutrition



Group photo of visited students (Mahishadal Girl's College) and 12 Assistant Professor, 1 Lab Assistant, 1 Assistant Professor and Head, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya

3. Attendance of participated students

Mahishadal Girls' College				Page No. / Date			
Sl. No.	Name	Mob/whatsapp no.	Email ID	Guardians name and contact no.	Address	Signature	
11	Mandira Bhaskar	9883584221	mandira1901@gmail.com	Sushovan Bhaskar 9764140091	VIII-Bhadrakpur P.O.-Housa Dist. Purba Medinipur P.S. Khejuri, Pin-721430	Mandira Bhaskar	
12	Sayanika Jana	964141369	Sayanika @ gmail.com	Soma Jana 9007447103	VIII - Kumbhar, P.O. - Hishurda P.S. - Tamruk, Pin - 721627	Sayanika Jana	
13	Samarpita Guria	9295728880	Samarpitaguria2020@gmail.com	Sukamal Guria 9932999137	VIII-P.O. - Dwarabanta P.S. - S.Wahata, Pin-721081	Samarpita Guria	
14	Toni Khan	7501352634	tonikhan25@gmail.com	Talon Ali Khan 9336640119	VIII-P.O. Chhatanyapur P.S. - Sidakhat, Pin-721645	Toni Khan	
15	Nabawita Pal	9163740667	palnabawita09@gmail.com	Ramnarayan Pal 9432322078	VIII-P.O. - Kalagachia, P.S. - Khejuri, Pin - 721432	Nabawita Pal	
16	Avita Bag	9883894313	avita07@gmail.com	Amal Kumar Bag 8016119153	VII - Nandaigan, P.O. - Bhogpur P.S. - Kalaghat, Pin-721161	Avita Bag	
17	Rijanini Pal	9779552089	palp55844@gmail.com	Janmejay Pal 9733839617	VIII - Tahabari, P.O. - Demanhat Rijanini Pal P.S. - Tamruk, Pin-721172	Rijanini Pal	
18	Musammal Sabrina	7872031605	msbrnmusammal@gmail.com	U. Jaynal Hapur 8926742126	VIII - Brindabanchook, P.O. - Sapantak Musammal Sabrina P.S. - Kalaghat, Pin - 721167	Musammal Sabrina	
19	Kankana Singha	6295860837	Kankana.Singha2002@gmail.com	Kishan Singha 9903582669	VIII - Kumbharpur, P.O. - Bishitpur Kankana Singha P.S. - Uluberia, Dist. - Howrah, Pin - 711316	Kankana Singha	



Head
Dept. of Nutrition
Mughera Gangadhar Mahavidyalaya

Principal
Mughera Gangadhar Mahavidyalaya

Mahishadal Girls' College				Page No. / Date			
Sl. No.	Name	Mob/whatsapp no.	Email ID	Guardians name and contact no.	Address	Signature	
20	Sangita Maiti	9093884700	maitisangita2002@gmail.com	Sushovan Maiti 9046355312	VIII - Chhatrapur, P.O. - Denichak P.S. - Parashura, Dist - Purba Medinipur, Pin - 721151	Sangita Maiti	
21	Anwesha Manna	8145835434	manwananwesha@gmail.com	Paashanta Manna 9152608549	VIII - Bhubaneswar Pura, P.O. - Bt Bhaichakand P.S. - Tamruk Dist - Purba Medinipur, Pin-721627	Anwesha Manna	
22	Fahim Rahman	9754505015	fahim.hossain.0550@gmail.com	Jahin Hossain 7501654205	VIII - Dashabin Baguara, P.O. - Chhatrapur P.S. - Tamruk, Dist - Bhubaneswar, Pin-721653	Fahim Rahman	
23	Malika Rana	8972463107	malkarana0510@gmail.com	Madan Mouso Rana 800944520	VIII - Hishurda, P.O. - Hishurda P.S. - Tamruk, Dist - Purba Medinipur, Pin-721137	Malika Rana	



Head
Dept. of Nutrition
Mughera Gangadhar Mahavidyalaya

Principal
Mughera Gangadhar Mahavidyalaya

4. Feedback form

Date: 20.06.2023

Feedback Form
 Student exchange program of NAAC (3.5.1)
 One day Lab Visit to Nutrition Dept., Mugheria Gangadhar Mahavidyalaya

Full Name: Kankana Singha Mobile number: 6295880837
 College Name: Mahishadal Girls' College

Programme Name: B.Sc (NUTH) B.Voc (FP) Others
 Semester: 6th

A. Please answer all questions by circling one out of numbers 1-5 against each statement.

The number 1 - 5 correspond to the statement:
 5 - Strongly agree
 4 - Agree
 3 - Neither agree nor disagree
 2 - Disagree
 1 - Strongly disagree

I	The program was timely.	1	2	3	4	5
II	The program was well organized	1	2	3	4	5
III	The program was useful to strengthen practical knowledge	1	2	3	4	5
IV	Experienced some new practical	1	2	3	4	5
V	Demonstration of the instruments were easy to understand	1	2	3	4	5
VI	Teachers explained the practical in very lucid language.	1	2	3	4	5
VII	Atmosphere of the Lab	1	2	3	4	5
VIII	Atmosphere of the Department	1	2	3	4	5
IX	Atmosphere of the college	1	2	3	4	5
X	I recommend this program to be continued.	1	2	3	4	5

B. How do you evaluate your overall Visit?

Very good Good Satisfactory Poor Very poor

C. State two important experiences that had been gained from the lab visit:

Knowledge gained from new instrument and career counselling.

D. What is your review on the session held on career counseling?

It is most important for student future.

E. Give some suggestions to improve the visit experience:

Improvement of efficiency.

Kankana Singha

5. Certificate



[NAAC: B+ (3rd Cycle); College with Potential for Excellence (UGC);
Star College, DBT (GoI)]

(Affiliated to Vidyasagar University)

Vil+PO-Bhupatinagar, Dist.- PurbaMedinipur,

West Bengal, Pin-721425, Phone: 03220-270236;

e-mail: mugberia_college@mail.vidyasagar.ac.in; mugberia_college@rediffmail.com

From : *The Principal/Secretary*
MugberiaGangadharMahavidyalaya

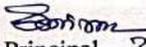
Dated:22.06.2023

TO WHOM IT MAY CONCERN

It is certified that as per the invitation to Mahishadal Girl's College for participation of Student exchange programme from Mugberia Gangadhar Mahavidyalaya, dated 19.06.2023 following thirteen 6th Sem. students of Nutrition (Hons) of Dept of Nutrition, Mahishadal Girl's College, attended one day lab visit with demonstration of some practical and career counseling programme in Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya under the guidance of Dr. Apurba Giri (Assistant Professor & Head, Dept. of Nutrition) under student exchange program of NAAC on 22nd June, 2023 from 10:00 am to 4 pm.

I wish all the success of their future career.

SI No.	Name	SI No.	Name
1.	Mandira Bhowmik	7.	Pujarini Pal
2.	Sayanika Jana	8.	Mosammam Sabnam
3.	Samarpita Guria	9.	Kankana Singha
4.	Tania Khan	10.	Sangita Maity
5.	Nabanita Pal	11.	Anwasha Manna
6.	Arita Bag	12.	Farhin Rahaman
		13.	Mallika Rana


Principal 22-06-23

Mugberia Gangadhar Mahavidyalaya
Principal
Mugberia Gangadhar Mahavidyalaya